



Be a Germ Fighter!

What Are Germs?

Germs are tiny organisms that can make you sick. Your skin helps to protect you from germs, which are everywhere. But germs are sneaky. They try to find any way they can to invade your body and make you feel sick.



These kids have bad colds and are coughing and sneezing. Circle the one who is doing something to prevent the spread of germs.



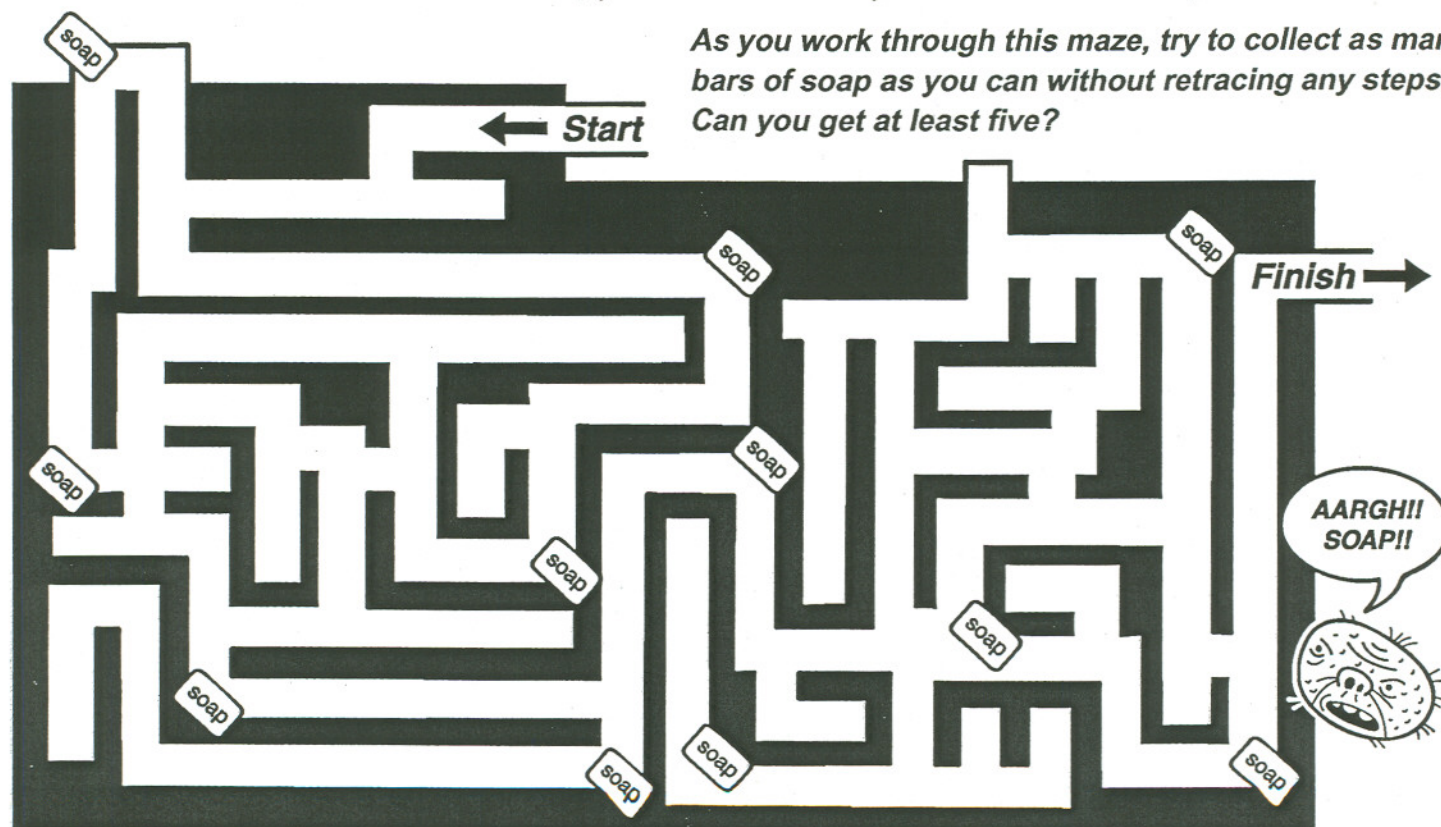
How Do Germs Attack Your Body?

Germs can be spread through the air when people sneeze, cough, or breathe. They also like to "hang out" on toilets, sinks, tabletops, and other surfaces, just waiting for you to pick them up. When you touch something that has germs on it and then eat or touch your face, those germs can get inside of you.

How Do You Get Rid of Germs?

Germs hate soap and water because it washes them away! When you touch something that may have germs on it, such as a toilet, you should wash your hands with soap afterward.

As you work through this maze, try to collect as many bars of soap as you can without retracing any steps. Can you get at least five?



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